EMBODIMENT IN COACHING

AN EXPERIENTIAL VIRTUAL COACHING WORKSHOP

EARNS 10 ICF CC UNITS

Next Zoom Workshop:
May 2 & 3, 2026

BOTH DAYS: 7am US Pacific/10am US Eastern to 1.30pm Pacific/3.30pm

INTERACTUALIZER
The Emergent Coach Training

The Embodiment in Coaching Workshop is a unique opportunity to explore a number of powerful somatic coaching tools over a two day live Zoom workshop. The program is facilitated by senior faculty Rod Francis and Sherry Trebes. Don't miss this unique chance to grow professionally and personally and gain 10 ICF core units.

- A brief overview of the theory and science of embodiment.
- Using embodiment for more impactful coaching agreements.
- Integrating visualization, reflection and somatics for insight, new perspective and embodied change.
- Experiential somatic practices for getting rapidly 'under the hood' of issues and creating more effective and authentic responses and actions.
- Exploring body language as a tool for coaching exploration.
- Presence as an embodied coaching meta-competency.
- Working in the now as a tool for future change.
- An introduction to Focusing as a coaching resource.
- Employing somatic inquiry & reflection to get under conscious stories and generate deeper more authentic responses.
- Resonant reflection as a 'next level' listening skill.
- BONUS learning content on our learning platform.

Previous participants in any of our coach training programs qualify for a 50% discount. Contact us on learning@interactualizer.com to ask for the discount code!

COST: USD $350

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