EMERGENT COACH TRAINING SCHEDULE 2026

All classes are on the Zoom platform except for the in-person retreat.

PCC CORE PROGRAMS 2026:

EMPOWERMENT 2026:

2026 Elohee Retreat

Begins on Friday, September 4th at 4pm Eastern Time — Completes on Tuesday, September 8th at 12pm Eastern Time

There are two (optional) Zoom Calls of up to 60 minutes at 9am Pacific/12pm Eastern
Call 1— Tues Aug 18
Call 2— Tues Sept 22

FOCUSING 2026: **Classes are 120 minutes (2 HRS)** All classes are at 9am Pacific/12pm Eastern

Class 1— Tues Sep 15
Class 2— Tues Sep 29
Class 3— Tues Oct 13
Class 4— Tues Oct 27
Class 5— Tues Nov 10
Class 6— Tues Nov 17 (only one week later!)
Class 7— Tues Dec 1
Class 8— Tues Dec 15

ONLINE LIVE MINDFULNESS 1, 8-WEEKS:

OCTOBER 2026: All classes commence at 7am Pacific/10am Eastern. Sessions last for 60 minutes (1 HR).
Class 1—Tues Oct 20
Class 2—Tues Oct 27
Class 3—Tues Nov 3
Class 4—Tues Nov 10
Class 5—Tues Nov 17
Class 6—Tues Dec 1
Class 7—Tues Dec 8
Class 8—Tues Dec 15

ONLINE LIVE MINDFULNESS 2, 5-WEEK, 2026:

January 2027: All classes commence at 7am Pacific /10am Eastern. Sessions last for 60 minutes (1 HR). Class 1—Mon Jan 18
Class 2—Mon Jan 25
Class 3—Mon Feb 1
Class 4—Mon Feb 8
Class 5—Mon Feb 15

PATHWAYS 2027: Classes are 120 minutes (2 HRS) All classes are at **7**am Pacific/10am Eastern
Class 1— Tues Feb 2
Class 2— Tues Feb 16
Class 3— Tues Mar 2
Class 4— Tues Mar 16
Class 5— Tues Mar 30
Class 6— Tues Apr 13
Class 7— Tues Apr 20 (only one week later!)

EMBODIMENT IN COACHING WORKSHOP, 2 DAY:

NOVEMBER 2026 Sat Nov 21 & Sun Nov 22
Both days: 7am Pacific/10am US Eastern-12.30pm Pacific/3.30pm Eastern

Coaching Clinic (our Office Hours) is every month on the second Wednesday at 12 noon US eastern. Link is in your learning platform along with your current class link.

PLEASE NOTE: THE ZOOM SCHEDULE MAY ALTER DUE TO CURRENTLY UNFORESEEN CONFLICTS. WE WILL NOTIFY YOU OF ANY CHANGES AS OR WHEN WE BECOME AWARE OF THEM.

CLASSES ARE ON ZOOM EXCEPT FOR THE IN-PERSON RETREAT.